

## **Glen Parva Nature Reserve**Glen Parva

A Green Flag award winning site with walks over the fields and along side the Grand Union Canal.

The path through this area is part of the Sustrans cycle route and links up with the Great Central Way and Aylestone Holt Spinney. This site is ideal for picnics in the summer.

Alternative access to the site is via Needham Avenue and Parsons Drive.

Parking and access is available at Glen Parva Parish Council offices.



## Be Healthy, Walk Local

Part of a series of leaflets to introduce you to eight strategic sites in and around Blaby with a range of local walking opportunities for you to enjoy.

The walks range from 20 minute strolls to an energetic 5 mile round walk in Fosse Meadows. Several of the sites feature picnic areas and play areas for families to enjoy a day out in the countryside.

Please remember when out walking to follow the countryside code and to wear appropriate clothing and footwear.

