

KEEP MOVING



A gentle circuit
class for
maintaining:

- * Health
- * Fitness
- * Wellbeing

Thursdays
11am-12noon
£2.80

Countesthorpe
Village Hall
Station Road
Countesthorpe
LE8 5TB



LEICESTER-SHIRE
& RUTLAND SPORT
SPORT & PHYSICAL ACTIVITY



For more information please contact Blaby District Council Health
and Leisure Services on 0116 2727703, Email leisure@blaby.gov.uk
or visit our website at: www.blabystayinghealthy.co.uk